



# INDIAN MEDICAL ASSOCIATION, TELlichERRY

*Monthly Report of Activities for the month of AUGUST 2025*

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**MEMBERSHIP**

<b>SCHEME</b>	<b>SCHEMES JOINED THIS MONTH</b>	<b>TOTAL MEMBERS JOINED</b>
<b>NEW MEMBERS</b>	Transfer in 2, Transfer out 4	<b>680</b>
<b>JDN(Less than 40)</b>		<b>128</b>
<b>SSS I</b>	1	<b>327</b>
<b>SSS II</b>		<b>283</b>
<b>SSS III</b>		<b>239</b>
<b>PPS</b>	2	<b>369</b>
<b>CGP</b>		<b>38</b>
<b>AMS</b>	-	<b>133</b>
<b>PEPS</b>		<b>10</b>
<b>KHS</b>	-	<b>380</b>
<b>MBS</b>		<b>28</b>
<b>PENSION SCHEME</b>	-	<b>28</b>
<b>PDSS</b>		<b>14</b>
<b>NAMMUDE AROGYAM COPIES</b>		<b>400</b>


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## **2.BRANCH MEETING**

### **I) EXECUTIVE COMMITTEE MEETINGS**

#### **13.08.2025: EXECUTIVE MEETING**

Executive Committee Meeting on 13.08.2025. Dr.Nadeem Abootty (Secretary IMA Thalassery) welcomed the gathering and 27 members attended the meeting. Vote of thanks was proposed by Dr.Sreejith V (Secretary IMA Thalassery).



**INDIAN MEDICAL ASSOCIATION  
THALASSERY**

**TENTH EXECUTIVE COMMITTEE MEETING**

Dear Doctor,  
Notice is hereby issued for Tenth Executive Committee Meeting of the IMA year 2024-'25, to be convened at Lions Hall,Opp.PWD Rest House,Thalassery, on Wednesday, 16th July 2025 between 8.00 pm and 9.15pm.  
Kindly attend on time, without fail.

**AGENDA**

1. Opening remarks from the chair.
2. Review of activities till date.
3. IMA AMS Conference
4. Proposed IMA Building Discussion.
5. Planning of activities until next Executive Meeting
6. Other matters with the permission of the chair.

**SPONSORS**

DR. BEJOY C P  
DR. BINU K  
DR. PRAMOD SHENOY  
DR. RAJEEVAN V K  
DR. SANDHYA B RAVINDRAN  
DR. SANJEEV KUMAR M  
DR. SIJAD V P

Sd/-  
Dr.Nadeem Abootty (President)  
Dr.Sreejith Velappil (Secretary)  
Dr.Deepta Divakaran (Treasurer)

*Dinner will be served from 7.30pm onwards*

### **II) GENERAL BODY MEETING**

#### **27.08.2025: GENERAL BODY MEETING**

The General Body Meeting was held at Lions Hall, Thalassery. Dr. Nadeem Abootty (President IMA Thalassery) welcomed the attendees. Dr. Sreejith V (Secretary IMA Thalassery) proposed a vote of thanks. A total of 31 members attended the meeting.



**INDIAN MEDICAL ASSOCIATION  
THALASSERY**

*In association with*  
**IMA AMS THALASSERY**

Dear Dr,  
You are cordially invited to attend the General Body cum CME Meeting, which will be held at 8.00pm on Wednesday, 27<sup>th</sup> August 2025, at Lions Hall, Thalassery.

**AGENDA**

- 1.General Body Meeting(8.00pm to 8.30pm)
- 2.CME (8.30pm to 9.00 pm)  
"Arthritis – Case based approach"

**Speaker**  
**Dr.ANU BALAKRISHNAN**  
DM (Clinical Immunology and Rheumatology)  
Consultant Rheumatologist,  
Tellicherry Co-operative Hospital

Dr.Nadeem Abootty  
President IMA Tly  
Dr.Sandhya B Ravindran  
Chairperson AMS Thalassery

Dr.Sreejith V  
Secretary IMA Tly  
Dr.Ranjith K  
Secretary AMS Thalassery

Dr.Deepta Divakaran  
Treasurer IMA Tly



## **3. BRANCH CHAPTERS**

### **AMS**

**27.08.2025: CME**

IMA Thalassery in association with IMA AMS Thalassery conducted a CME on “**Arthritis- Case based approach**” by Dr. Anu Balakrishnan (Consultant Rheumatologist, Tellicherry Co-operative Hospital) Dr. Nadeem Abootty (President IMA Thalassery) presided over the meeting, which was attended by 31 members. Dr. Sreejith V (Secretary IMA Thalassery) proposed the vote of thanks.



### **WIMA**

**27.08.2025: WIMA GENERAL BODY MEETING**

WIMA General Body meeting was held on 27.8.25 at Lions Hall ,Thalassery. Around 13 WIMA members attended the meet along with IMA President Dr. Nadeem Abootty and IMA Secretary Dr. Sreejith Valappil.



## 4) BRANCH COMMUNITY & SOCIAL ACTIVITIES

### 07.08.2025: WORKSHOP

Dr.Biji M.S was one of the faculties for the workshop “ONCUREA” conducted by Government Nursing College on 7.8.25.Around 100 participants including BSc Nursing students, MSc Nursing students and Staff Nurses of Pariyaram Medical College attended the workshop.



### 09.08.2025: GERIATRIC CLASS TO SENIOR CITIZENS

Taking geriatric class to senior citizens at kadirur on 09/08/2025.Class was taken by Dr.Ramesan T.



**10.08.2025: CLASS TO PALLIATIVE CARE VOLUNTEERS**

Taking class to palliative care volunteers at Panoor on 10/08/2025. Class was taken by Dr.Ramesan T.



**14.08.2025: SESSION ON PALLIATIVE CARE**

Dr.Biji M S took a session on “Palliative Care” for BSc Nursing students of College of Nursing, Thalassery on 14.8.25 at Malabar Cancer Centre. Around 30 participants including BSc and MSc Nursing students attended the session.



**21.08.2025: LEPROSY DETECTION CAMP**

Dr.Dhanya M K participated in a Leprosy detection camp organised by PHC Kodiyeri for residents of Pettipalam colony.



**21.08.2025: AWARENESS CLASS ON LEPROSY**

An awareness class on Leprosy was taken by Dr.Dhanya M K on 21.8.25 for students of Amrita Vidhyalayam, Punnol .Around 150 students participated in the class.



**27.08.2025: CLASS ON ‘AMOEBIC MENINGITIS’**

A class on ‘Amoebic Meningitis’ was taken by Dr.Sreeja Viswan as part of JALAMAAN JEEVAN CAMPAIGN at Mangattidam Panchayath Hall on 27.8.25.Around 50 members which included Asha workers, ward members and PHC staff participated in the program.



**27.08.2025: CLASS ON ‘LIFE STYLE MODIFICATIONS’**

A class on ‘Life style modifications’ was taken by Dr.Sreeja Viswan for patients of Mangattidam PHC attending opd on 27-8-25 .Around 15 patients attended the class.





## 5.EVENTS HOSTED ON BEHALF OF IMA KSB

### ZONAL AMS CONFERENCE

#### 03.08.2025: IMA –AMS Kerala State Chapter North Zone Conference “SVASTHA 2025”

IMA Thalassery hosted IMA –AMS Kerala State Chapter North Zone Conference “SVASTHA 2025” at Hotel Pearlview , Thalassery on 3rd August 2025 .Prayer & Flag Salutation by Dr.Sreejith Valappil (Secretary IMA Thalassery). **Dr.Ajit Bhasker** (Chairman IMA AMS KSB) delivered the chairman address. Dr.Nadeem Abootty (President IMA Thalassery) welcomed the gathering. The function was inaugurated by Dr.K.A. Sreevilasan, President IMA KSB.Annual report of IMA AMS Kerala state chapter was presented by Dr.Sandhya Kurup(Secretary IMA AMS KSB). Dr.Joseph Benaven IPP KSB ,Dr.R. Remesh,National VP Elect, Dr. Sasidharan, State Secretary, Dr.Ajitha.P.N NZ VP ,Dr.Sri Kumar Vasudevan,Past State President, Dr.Roy R Chandran,State Treasurer, Dr.Rajmohan DC Chairman, Dr.Sandhya B Raveendran, Chairperson, Organising Committee also spoke at the event. Vote of thanks was proposed by **Dr.Ranjit K, Secretary Organising Committee.** **Dr.Neethu A P** (Lecturer, Dept of Community Oncology, MCC Thalassery), **Dr.Devaraj** (Senior Consultant & HOD Dept of General Surgery,KIMS Sreechand,Kannur), **Dr.Deepu George** (HOD,Dept of General Medicine,Medical Trust Hospital,Kochi), **Dr.Salman Salahuddin** (Senior Consultant & HOD Dept of Interventional Cardiology,Aster MIMS Calicut),**Dr.T Salim** (Clinical Head and Senior Consultant,CUTIS:Institute of advanced Dermatology and Aesthetics,Thondayad, Kozhikode) , **Dr.Sabu K G** (Senior Consultant & HOD Dept of Gastroenterology,Aster MIMS Kannur), **Dr.Bijayaraj** (Senior Consultant Family Physician,Starcare Hospital,Calicut), **Dr.Mamta Manohar** ( Assistant Surgeon,Govt Health Service,Kerala), **Dr.Reshma Ajith**( Senior Consultant Dermatologist,Dr.Reshma’s Skin and Hair Clinic,Kannur) ,**Dr.T Karthikeyan**(Consultant Interventional Cardiologist,Indiana TMH Cardiac Centre, Thalassery) **Dr.Roy R Chandran**( Professor,Dept of Physical Medicine and Rehabilitation,Govt Medical College,Kozhikode), **Dr.Reshmi Ramesan**(Consultant Psychiatrist,Thalassery), **Dr.Shyjus P**(Senior Consultant Obstetrician & Gynaecologist,ARMC-IVF Fertility Centre,Kannur), **Dr.Sruthi M** (Consultant Dept of OBG,BMH Kannur), **Dr.Sithara Aravind** (Additional Professor,Dept of Oncopathology,MCC Thalassery), **Dr.Kaushik Vailaya** (Consultant Dept of OBG,Aster MIMS Kannur), **Dr.Vinayak K V** (Consultant ENT Surgeon Thalassery Co-operative Hospital,Thalassery), **Dr.Mohammed Ali M C** (Junior Consultant, Dept of Anaesthesiology,District Hospital,Wayanad), **Dr.Milind Prabhu** (Junior Consultant Dept of Orthopedics,Tejaswini Hospital, Mangalore), **Dr.Sijad V P** (Consultant Orthopedic Surgeon,Indira Gandhi Co-operative Hospital),& **Dr.Athul Hareendran** (Consultant Medical Gastroenterologist,BMH Kannur delivered talks on various topics. A Zumba dance session was also conducted during the CME. Kahoot quiz led by Dr Bijayraj and Dr Bithun Balan was included in between the sessions and was very well appreciated by the

delegates. The total number of delegates who attended the function was 166. 2 credit hours was allotted by KSMC for the Conference.





## **6) PARTICIPATION IN STATE MEETINGS**

### **03.08.2025: NORTH ZONE WIMA CONFERENCE SAMTAVA**

6 WIMA members including Thalassery WIMA Chairperson Dr.Biji M.S, State WIMA Vice Chairperson Dr.Mini Balakrishnan and State WIMA Treasurer Dr.Rejna Dilnath attended the North zone WIMA conference SAMTAVA held at RK Mall, Kasargod.



## **7) STATE PROGRAMMES**

### **i) Nammude Arogyam Subscription**

Thalassery IMA has been the subscriber for Nammude Arogyam. 300 copies being ordered this month. These copies are being distributed through various private hospitals in Thalassery.

## ii) Observation of State designated days

### 01.08.2025: WORLD LUNG CANCER DAY

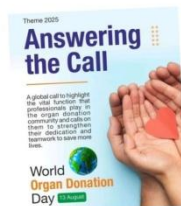
In connection with World Lung Cancer Day, Dr.Rejna Dilnath gave a talk in Akashavani Arogyadeepthi at 12.40 pm on 1/8/25 and 2/8/25.



13.08.2025: Organ donation day was observed on 13.8.25 at Mangattidam PHC. Dr.Sreeja Viswan gave an awareness session on organ donation. Around 20 staff of Mangattidam PHC attended the interactive session.



AAM KANDERI, @PHC MANGATTIDOM



## **15.08.2025: INDEPENDENCE DAY CELEBRATIONS**

Happy to be part of the Independence Day celebrations at General Hospital, Thalassery. Special thanks to Superintendent Dr. Rajeevan V.K. Sir for accommodating IMA Thalassery in the General Hospital's Independence Day function.

It was a well arranged and memorable program, with IMA State Secretary Dr. Sasidharan felicitating the gathering. IMA Thalassery President Dr. Nadeem Abootty and Deputy Superintendent of GH Thalassery Dr. Jameela also addressed the audience. The flag hoisting was carried out by Superintendent Dr. Rajeevan V.K., who also presided over the meeting that followed.

The highlight of the event was the honouring of Mr. Dineshan, a former military personnel who lost partial vision while serving our nation in Kashmir in 2001, and who is now serving the community at GH Thalassery.

A large number of doctors, including many IMA Thalassery members, attended the function. Patriotic songs were beautifully rendered by our doctors and the GH staff, adding to the spirit of the celebration.



### 28.07.2025: WORLD HEPATITIS DAY

On World Hepatitis Day 28th July 2025, a session on Hepatitis was taken by Dr. Remya T K for pharmacy students. Around 20 students participated in the class.



## 8) SUB COMMITTEE ACTIVITIES

### *Committee for ELS Training*

#### 01.08.2025: BLS SESSION

BLS session conducted by IMA & IAP at Sacred Hearts Higher Secondary School, Thalassery. Session conducted by Dr Priya P R & Dr Anand K. Participants: 100 students.



### 19.08.2025: BLS SESSION

BLS session conducted by IMA at Engineering College,Thalassery. Session conducted by Dr Anand K. Participants: 100 students.



## 9)SPECIAL PROJECTS BY BRANCH

### Tida Projects

IMA Thalassery's pride project Healers haven work going well as planned. Structural works completed. Internal plastering almost completed. External plastering ongoing half way done. Phase 2 Convention centre & lodging block work will be starting soon